

Name: _____

Please highlight the correct answer.

- 1) A RSI is an injury of the musculoskeletal and/or nervous system. *True or False?*
- 2) Which is **NOT** a symptom of an RSI?
 - a) Tingling
 - b) Sharp Pain
 - c) Cooling
 - d) Burning
- 3) Stretching and taking frequent “mini breaks” are effective ways to avoid an RSI. *Is this statement True or False?*
- 4) Those who work in the Clerical/Administrative jobs are at _____ risk for developing a RSI.
 - a. No
 - b. High
 - c) Medium
 - d) Low
- 5) What does the “M” stand for in the 5 contributing assessment factors to assess risk? **HINT! Remember PEMEP**
 - a. Materials
 - b. Mould
 - c) Managers
 - d) Mouse Pad
- 6) Having an adjustable work station and paying attention to posture are two ways of controlling ergonomic hazards. *Is this statement True or False?*
- 7) The Bagg Group assesses risk using 3 factors. What is **NOT** an element of our risk assessment?
 - a) Duration
 - b) Frequency
 - c) Severity
 - d) Probability
- 8) R. A. C. stands for Recognize Assess Control. *True or False?*
- 9) What is NOT a related hazard to the Administrative Clerical job?
 - a. Housekeeping
 - b. Lifting
 - c) Washing hands
 - d) Violence and Harassment
- 10) Slips, trips, and falls are considered a medium risk at The Bagg Group. *Is this statement True or False?*

BONUS QUESTION:

How many information sheets did you receive during the month of October?

- a) 2
- b) 3
- c) 1
- d) 4

***** Please submit your answers no later than Friday November 19th 2010. *****